

Appendix 1: User Guide for Engagement to address Climate Change through participatory democracy and governance

How to use the site

<http://prezi.com/mmfaghm40kdf/pathway-to-wellbeing/>

<https://wellbeing.csem.flinders.edu.au/>

1 Log on as User Name “*test*” Password “*test*” on the top right corner, if you wish to have a quick peek through the system. Otherwise in the “New User” area, create your own *username* and *password*, write it down and complete the relevant details and press “Create Account”.

All personal or identifying information collected through this tool is stored and used confidentially to ensure participants remain anonymous.

Pathways To Wellbeings

User name: Password:

Pathways to Wellbeing
by Denise de Vries

Pathways to Wellbeing

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New User

Name:

Year of Birth:

Sex: Male Female

Postcode:

Number of Dependent Children: 0

Number of Dependent Elderly: 0

Level of Education: Primary

Employment Status: Employed

Place of Birth:

Religion Affiliation:

Password:

Re-enter Password:

2 This is your second screen once your account has been created.

Simply move to the next step by selecting “Create new Pathway”

Pathway To Wellbeing

Home

Log Out

Create/Edit Pathway

Change Personal Details

Change Password

Scenario

Pathway To Wellbeing

Home

Log Out

02/10/2012

09/03/2012

Create New Pathway

Create New Pathway From Latest

Do you identify with one of these people?

Business as Usual

Small Changes for the Long haul

Sustainable Future

We continue to believe in economic arguments that ignore the social and environmental dimension. We continue to think that our way of life is sustainable and are not prepared to manage the risks of climate change by changing our way of life. We blame the increasing risk of drought, bush fires and floods are one-off, unrelated events or deny that climate change can mean rising temperatures in some areas and plummeting temperatures in others. Melting ice effects the ocean currents. The sea is used as a dumping ground and it no longer helps to regulate our climate.]

Do you identify with this person?



I identify with this person

3. Please listen to audios of the scenarios;

Please choose one that you most identify with by clicking the button in the bottom section

The audio tool at the bottom of the section will allow you to listen to the recording of the text. The appearance differs from computer to computer depending on what you use for your web browser.

Pathway To Wellbeing

You can start at any section. But perhaps, if this is your first time, it may be best to start with "Have Need" followed by In/Out Basket and "Turning Points and Barriers"

1 Edit 2 Edit 3 Edit

Haves Needs In/Out Basket Turning Points Barriers

- Employment
- Efficiency of green technology

Find Edit Have Relations Need Relations

Concepts

- Economic
 - greed and wasteful habits
 - Drinking less coke
 - Efficiency of green technology
 - Family committed to minimizing the use of electricity & water
 - High cost for anything that saves energy
 - Cost of installing rain water tanks
 - More aware of electricity usage
 - Turning off appliances at power point and buying energy savin
 - Turning off lights
 - Use less electricity
 - Hooking up toilets to rainwater tanks (discarding some plumbing)
 - Reduce meat intake
 - Being more healthy
 - fitness
 - Grow own veggies
 - Less time at the gym
 - Meat

Add Sub-Item Add Synonym

Haves

Please enter things you **HAVE** in your life currently.
For each item, identify the order in which it occurred (1 - earlier to 5 - recently) and also how important it is (1- not important to 5 - very important).

Concept	Order Importance
Employment	1

Needs

Please enter things you **NEED** in your life currently.
For each item, identify the order in which you need to address it (1 - immediately to 5 - later) and also how important it is (1- not important to 5 - very important).

Concept	Order Importance
Efficiency of green technology	1

Add Sub-Item Add Synonym

4. After completing step 3, you will arrive at this screen. The top section lets you navigate between the 3 sections "Have Need", "In Basket, Out Basket" and "Turning Points and Barrier".

It is perhaps best to start with identifying what you have and what you need in life. Select the have and need section if it is not already selected.

Here you will be able to personalise your pathway by selecting the items in "Concepts" section on the left.

Search concepts

Expand or collapse the list

Find

Concepts

- Economic
 - greed and wasteful habits
 - Drinking less coke
 - Efficiency of green technology
 - Family committed to minimizing the use of electricity & water
 - High cost for anything that saves energy
 - Cost of installing rain water tanks
 - More aware of electricity usage
 - Turning off appliances at power point and buying energy savin
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Add Sub-Item Add Synonym

5. In the concept area the blue plus symbol expands the concept trees. If you see a concept that you agree with, You can also search for the concept in the find box by typing a word in and press "find".

If you can't find a concept you would like, you can add in your own words to the social, economic and environmental as a sub item, in order to personalise it with your experiences, emotions and perceptions.

If something is not there, then add your own ideas to the drop-down lists under social, economic and environmental tabs, e.g. I want to add to In Basket 'improve insulation'. I will add it to the list by placing it under "Social", as a subsection of "home". But if I want to I could add it under Economic as "I cannot afford to insulate my home. The subsection you decide to choose depends on whether you consider an item to be social, economic or environmental.

Highlight concept and click here to add new idea

6. Personalise your profile by using *the green plus sign* to add your highlighted concept and using *the red minus sign* to delete items that do not apply to you.

7. Save each step by clicking on the save button if you would like, however this is done automatically.

his is your first time, it maybe best to start with "Have Need" followed by In/Out

8. Review your report and assess goals over time by clicking the report button.

You should see the screen on the right.

The option also exist for those who wish to obtain a printer friendly version

Pathway To Wellbeing

You can start at any section. But perhaps, if this is your first time, it maybe best to start with "Have Need" followed by In/Out Basket and "Turning Points and Barriers"

1 Edit 2 Edit 3 Edit

Haves

- Employment

Needs

- Efficiency of green technology
- fitness

In Basket

Out Basket

Turning Points

Better

- Cost of installing rain water tanks
- More aware of electricity usage

Worse

Barriers

- More aware of electricity usage

Suggested Pathway for john citizen

[Printable Version](#)

PathwayID: 149
 Domain: Business as Usual
 Your Client Number: 167
 Last modified: 14 Jan 2013 12:26

You Currently Have

- Employment

You Need

- Efficiency of green technology
- fitness

In Basket

Out Basket

Turning Points

Better

- Cost of installing rain water tanks
- More aware of electricity usage

Barriers

- More aware of electricity usage

This information will help local government to plan and deliver services to residents. Thank you for helping us to help the community. The administrators of this site will be able to view data in excel spread sheets.

Pathway To Wellbeing

[Home](#)
[Log Out](#)

Report Name:
Have Factors per Domain

Set selection criteria:
All

Start Date: 1 Jan 2012 OR Start of Records

End Date: 1 Jan 2009 OR End of Records

Result: [Export .xls Report](#)

No.	CreateDate	Domain	ConceptDesc	Total
1	2012-04-22	Business as Usual	Environmental	23
2	2012-08-23	Small Changes for the Long haul	Social inclusion	3
3	2012-08-01	Business as Usual	Housing	37
4	2012-07-30	Small Changes for the Long haul	Health services accessible	2
5	2012-07-30	Small Changes for the Long haul	Jobs that support environment	1
6	2012-09-24	Small Changes for the Long haul	community services for elderly	1

	A	B	C	D
	CreateDate	Domain	ConceptDesc	Total
1				
2				
3	2012-10-16	Small Changes for the Long haul	greed and wasteful habits	1
4	2012-08-01	Business as Usual	7 rain tanks	5
5	2012-09-24	Small Changes for the Long haul	A home	7
6	2012-04-17	Small Changes for the Long haul	a house	7
7	2012-09-05	Business as Usual	a job	21
8	2012-10-03	Sustainable Future	A job that uses my education and challenges me	1
9	2012-07-20	Small Changes for the Long haul	A meaningful job on environment	1
10	2012-04-11	Small Changes for the Long haul	ability to adapt and change	1
11	2012-10-25	Small Changes for the Long haul	able to spend on social activities	2
12	2012-07-30	Small Changes for the Long haul	access to farmer's markets	1
13	2012-09-21	Small Changes for the Long haul	Air	1
14	2012-04-16	Small Changes for the Long haul	air conditioned	3
15	2012-07-30	Small Changes for the Long haul	air conditioning to heat home	2
16	2012-08-05	Small Changes for the Long haul	All family members have bikes	2
17	2012-09-24	Small Changes for the Long haul	altruism or protecting the planet for future generations	1
18	2012-09-05	Business as Usual	Beautiful surroundings provided by Bush	5
19	2012-08-10	Small Changes for the Long haul	Big business as usual	1
20	2012-10-03	Small Changes for the Long haul	Biike riding	1
21	2012-07-30	Small Changes for the Long haul	bike riding	2
22	2012-10-08	Sustainable Future	Blinds on the windows	1
23	2012-08-01	Business as Usual	build more safe walking paths at the local level	3
24	2012-04-13	Small Changes for the Long haul	Building temperature control	1
25	2012-07-20	Small Changes for the Long haul	care for elderly parent	1
26	2012-10-08	Small Changes for the Long haul	Chickens (free eggs)	1
27	2012-07-30	Small Changes for the Long haul	close enough to work that I can walk or bicycle	1
28	2012-10-25	Small Changes for the Long haul	comfortable house	1
29	2012-09-24	Small Changes for the Long haul	Community	2
30	2012-09-24	Small Changes for the Long haul	community activities	3
31	2012-10-08	Small Changes for the Long haul	Community parks, paths and recreation areas	1
32	2012-09-24	Small Changes for the Long haul	community services for elderly	1
33	2012-09-24	Small Changes for the Long haul	community walking paths	1
34	2012-04-16	Small Changes for the Long haul	compost bin	8
35	2012-08-10	Small Changes for the Long haul	Cost of adaptation	1
36	2012-10-25	Small Changes for the Long haul	cost of solar panels	1
37	2012-10-14	Sustainable Future	Cycle/public transport to work as often as possible	1

All data that is used will be de-identified so that your privacy is protected. Thank you for helping us helps the community.